

## **Community Resources**

### **Emergencies**

If you are experiencing an emergency  
911

### **National Suicide and Crisis Line 988**

1-800-273-8255 (TALK)  
[www.suicidepreventionlifeline.org](http://www.suicidepreventionlifeline.org)

### **County Suicide Crisis Team**

608-785-4537

### **Information**

#### Great Rivers 211

Call 211  
608-784-4357 (HELP)  
[www.lacrossecounty.org/  
integratedsupport](http://www.lacrossecounty.org/integratedsupport)

### **Veteran Services**

#### VA River Valley outpatient clinic

4000 State Rd 16 La Crosse  
608-784-3886  
[www.VA.GOV](http://www.VA.GOV)

#### County Veterans Service Office

300 4<sup>th</sup> St. La Crosse  
608-785-9719  
[www.Lacrossecounty.org/vetrans](http://www.Lacrossecounty.org/vetrans)

#### Vet Center Onalaska

910 2<sup>nd</sup> Ave No. Onalaska  
608-782-4403

#### Veteran's homeless hotline

877-424-3838  
[www.VA.GOV](http://www.VA.GOV)

### **Medical Care**

#### Gundersen Health System

1900 South Ave. La Crosse  
608-782-7300  
Addiction Phone Line 608-775-4531  
[www.gundersenhealth.org](http://www.gundersenhealth.org)

#### Mayo Clinic Health System

700 West Ave So. La Crosse  
608-785-0940  
[www.mayohealthsystem.org](http://www.mayohealthsystem.org)

#### Counseling Associates

115 5<sup>th</sup> Ave S, Suite 301 La Crosse  
608-785-0827

#### Neighborhood Family Clinic

1526 Rose St. La Crosse  
608-781-9880  
[www.mynfclinic.com](http://www.mynfclinic.com)

#### Addiction Medical Solutions (AMS)

9532 E 16 Frontage Rd #100 Onalaska  
608-783-0506  
(Methadone, Suboxone)

#### St. Clare Health Mission

916 Ferry St, La Crosse  
608-932-9544  
(Open Tuesdays and Thursdays 5 to 8 pm  
for those without insurance)

#### Stein Counseling and Consulting Services

571 Braund St, Onalaska  
608-785-7000 ext. 221  
[www.steincounseling.org](http://www.steincounseling.org)

#### AIDS Resource Center of Wisconsin

811 Rose St. La Crosse  
608-785-9866

#### Clean Slate – Outpatient Addiction Center

2365 Hemstock Street, La Crosse  
608-406-2250  
1-833-505-4673

### **Educational Resources**

#### UW-L Self-Sufficiency Program

4306 Centennial Hall La Crosse  
608-785-8733  
[www.uwlax.edu/ssp](http://www.uwlax.edu/ssp)

#### Project Proven

400 7<sup>th</sup> St NO. La Crosse  
Student Success Bldg. Lot C  
608-785-9200  
[www.wtc.edu](http://www.wtc.edu)  
[walshc@westerntc.edu](mailto:walshc@westerntc.edu)

### **Housing**

#### CouleeCap

700 3<sup>rd</sup> St. No. La Crosse  
608-782-4877  
[www.couleecap.org](http://www.couleecap.org)

La Crosse County Housing Authority

615 Plainview Rd. La Crosse  
608-781-5365  
www.lcha.net

New Horizons

PO Box 2031 La Crosse  
1223 Main ST  
608-791-2610  
www.ht@nhagainstebuse.ort

Housing Authority of the City

1307 Badger St. La Crosse  
608-782-2264  
www.lacrossehousing.org

The La Crosse Lighthouse

Peer Run Respite Stay  
608-519-1489  
www.lacrosselighthouse.org

Reach Resource Center

212 11<sup>th</sup> St. So. La Crosse  
608-781-2783  
www.reachcenterlacrosse.org  
www.rc@ywcalax.org

Catholic Charities

413 3<sup>rd</sup> St. So. La Crosse WI 54601  
608-782-0710  
www.info@cclse.org

Warming Center

413 3<sup>rd</sup> St. So. La Crosse WI 54601  
608-782-0710  
www.cclse.org/la-crosse-warming-center

Salvation Army

223 8<sup>th</sup> St No. La Crosse WI 54601  
608-782-6126  
www.salarmywestern.org

Independent Living Resources

4439 Mormon Coulee Rd.  
La Crosse WI 54601  
608-787-1111  
www.iresources.org

Karuna House

703 Farnam St, #207  
La Crosse, WI 54601  
608-360-6430  
https://www.karunahousing.org/

**Peer Support**

Next Steps for Change

Serves Monroe, La Crosse, and Vernon  
Counties  
608-466-6677  
www.nextstepsforchange.com  
natalie@nextstepsforchange.com

**Childcare**

Safe Families for Children

PO Box 141  
La Crosse, WI 54602  
608-844-8475 x1  
www.safefamilieswi.org

**Food**

WAFER Food Pantry

1603 George St  
La Crosse, WI 54603  
608-782-6003  
waferlacrosse.org

Salvation Army

223 8<sup>th</sup> St No. La Crosse WI 54601  
608-782-6126  
www.salarmywestern.org

**Chemical Dependency Help**

Wester WI Adult & Teen Challenge

PO Box 126, La Crosse, 54602  
608-351-2828  
www.atcww.org

Next Chapter La Crosse

PO Box 535  
La Crosse, WI 54602  
608-519-0919  
www.nextchapterlacrosse.org  
office@nextchapterlacrosse.org

Driftless Recovery Services

444 Main Street, Suite 301 La Crosse  
608-519-5906  
www.driftlessrecovery.com

Coulee Council on Addictions

933 Ferry St, La Crosse  
608-784-4177